

ISO 9001:2015 Certified School



Ganga International School

AKASHGANGA

The Milky Way

"If the Milky Way were not within me, how should I have seen it or known it?" - Khalil Gibran

Vol. CXXVIII (128)

Our Monthly Newsletter

November 2018

New Delhi

EDITORIAL TEAM

Chief Patron:

Charu Kapoor

Principal

Editors:

Nalini Sharma

Poonam Singh

Student Editors:

Vani Agrawal XII S2/10998

Prakhar Gupta XI S3/4413

Chief Reporters:

Harshit Kejriwal XII C2/11261

Kenet Paul XII C2/11156

Reporters:

Academics

Anshita Agrawal XII C2/11235

Suzena XI H2/11329

Hostels

Vani Manglik XII S2/11193

Shaurya Jaiswal XII S2/11259

Sports

Abhishek Choudhary XII H2/9252

Sagar Kaushik XII S3/7464

Activities

Kritika Gulati XI C2/11507

Celebrations

Priyamvada Chauhan/XII S3/3589

Aryan Dhar XI C2/11582

From the Editorial Desk.....

Hope you had a wonderful celebration of Diwali, without contributing the choking pollution to the environment, and I am sure you must have added your bit, in lowering the pollution, to the relief provided by the ban on crackers. It's high time, all of us realized that we must give up the environmentally harmful activities. This year thankfully Diwali hasn't left us breathless. It is heartening to know that we can save our environment through our concerted efforts.

November is the month dedicated to you children, who are the most cherished blessings to the world. Your innocence and purity brush away the, mundane frustrations and pessimism. Our hopes for a better world lie with you. With your uncorrupt mind, purity of emotions, positivity and enthusiasm you spread happiness all around. It should be the endeavour of the society to provide the right direction and guidance to groom you into empowered citizens.

You can bring about a change in the society and make the world a better place, with peace, prosperity and growth all around. It's is our cherished goal to make your voice heard and Akashganga has unflaggingly provided that platform where your creativity is given free play. This has been tremendously effective in shaping up the budding authors as is evident by the depth of emotions and heart touching expression in the short stories: 'Money Cannot Buy Happiness' by Sanya Ix A1, 'A Silent Girl' by Vani Aggarwal XII S2, 'A Lesson of Life' by Tanisha Sharma VIII A, 'Healthy Environment' by Navya Shokeen, 'I had a Dream' by Rigzin Angmo XI H2.

Keep writing, dear geniuses, to strengthen your skills and enrich your intellect, to shape up a better world.

Happy Reading



From the Principal's Desk

Dear Readers,

Apparently 'Festival of Lights' had sensed our eagerness and hastened its arrival! All of us enjoyed our vacation immersed in overwhelming enthusiasm, decorating the houses, buying gifts, receiving guests and visiting relatives and friends, right into the wee hours of night, without leaving any place in our lives for the word 'tired', because all this didn't seem like work. The reason is, no matter how tired we may be, the fact that we are passionately interested in the celebration makes this time stand out because of its zest, achievement and satisfaction and makes us rise above ourselves.



Thanks to the ban imposed on crackers, this time the pollution did not reach the alarming level it had crossed the last time. This has made it evident that people had been unnecessarily wasting their money and polluting the environment. All this had been a totally avoidable indulgence! It is heartening to see that education and awareness seem to be making a positive impact in curbing this menace. I hope all of you have been more thoughtful and caring towards keeping the environment clean, and had a cracker-free Diwali. I am sure you must have spread a positive approach towards the environment, among your friends and relatives. You have the power to change the society and I have great expectations from you.

On the occasion of Children's Day, I would like to remind you that YOU, are the harbingers of change! You need to realize that human will has the miraculous power to win against all odds, be it saving the environment, overcoming corruption and eradicating poverty. Let's use this, to root out the senseless exploitation of the resources, selfishness, bigotry and lethargy to rise above all these. Attack evil for a reason bigger than your own victory; choose a goal higher than your personal gains. Those things that bring a deep sense of personal satisfaction come from accomplishing something positive for an altruistic reason, or for some cause that transcends us! Pitch in your bit to slay the giants of illiteracy and ignorance, armed with courage, confidence and will power. I am sure you will be able to overcome all seemingly unsurmountable, obstacles with the inherent power of being pure hearted, innocent and energetic youngsters.

You are our hope for a brighter future.

Best Wishes

C. Kapoor

Success stories that inspire....



KULDEEP DWIVEDI IPS



Some stories are so inspirational, and this is the reason our site interviews them and get their success stories to you guys so that you all get motivated to study. A similar story is of Kuldeep Dwivedi who has passed the Union public service commission examination and secured a 242nd rank in the exam all over India. And he is currently Paving for IPS services. According to Kuldeep, no task is too hard or impossible if a person has perseverance and strong determination and is self-disciplined. And this he has proved as he completed his exam and secured a rank in spite of being a security guard son at Lucknow University.

And Kuldeep's father who is a security guard at the Lucknow University MR Surya Kant Dwivedi could not just believe that his son has cracked this elite post and ranked 242nd all over India. He was not only surprised but was damn proud of his son that in spite of so much of financial hardships he not only just cracked the examination but also ranked it. Kuldeep's father had never imagined that his son would crack the UPSC examination and will become an IPS officer.

Kuldeep's dad not being very financially and educationally sound took a long time for about half and hour to understand that what his son had achieved in the UPSC examination and when he did, his happiness had no limits.

Kuldeep says that his parents did not know what is an IPS all about. They always thought that sub-inspector is the highest post. And when he explained it to them about his rights and duties of his position, they could not believe that their son made it to such a big post. They just could not stop crying out of happiness.

Kuldeep was so proud that he had achieved something that his parents could not expect and he did it so well.

Kuldeep says that since his childhood he was inspired seeing the collectors working their powers, duties, facilities and the respect they have. This all had inspired him to become one of those one days. And this kept him

going while he was studying for the UPSC exam.

He had already cracked few other examination, but he wanted to crack the civil services exam and that was the only reason that he did not join any other post.

Kuldeep has completed his graduation from the Allahabad University in the year 2009, and later he completed his post graduation in the year 2011 . and ever since that time he was staying in Delhi and was studying for the civil services examination.

Kuldeep says that he has faced the toughest time while preparing for the last exam where he finally made it to the IPS post. In his first two attempts he failed and in one of those he got to join at the position of Assistant Commander in the Border Security but he did not join, and he kept studying to achieve his aim

After failing Kuldeep realized a person has just to keep going and fight his all odds and hardships and luckily he kept himself engaged in his academics and studying for the UPSC for the third time to crack the examination with a better rank.

Kuldeep success is an impressive example of hardwork and determination which didn't let his financial problems overtake his single-minded focus.

Kuldeep says that they have gone through the toughest time in their life's and he is glad that he made it to the post and now it was his turn to change the family's fortune, and his proud father says that he is so glad that all his efforts and money he spent for their education did not go waste and gave the sweetest fruit it could.

Kuldeep's story is inspirational to all the civil service aspirants that no efforts can go waste if a person decided to work for it in a better way.

And is determined and is confident enough to clear it.

An aspirant should not give up even after failures and should be consistent with his studies.

If he can do that much then no examination even being tagged as the toughest test will be difficult anymore.

The School Headlines

KALAKRITI COMPETITION

It is believed that the children learn and retain information longer when colours are used in educational material and in the classroom. Colours stimulate the visual sense and encourages the retention of information. Therefore GIS organised Kalakriti Competition for kids in Nursery Wing.

The children participated and displayed their colouring skills. The children enjoyed colouring and were able to showcase their imagination, choice of colours and creativity. It was a pleasure to watch these tiny tots work with such ease. It was an enjoyable day for them.

Winners -

Class	First	Second	Third
L.K.G -A	Kashvi Singh	Seerat	Manav Garvit
L.K.G -B	Yash	Ashish	Ronak
U.K.G -A	Raghuvansh Rana	Lokesh	Videet
U.K.G -B	Alayna	Yaksh	Bhumi
U.K.G-C	Harshita	Yash	Aliya



BEADING COMPETITION

A delightful 'Beading Competition' for toddlers was held in Nursery on 19th Sep 2018.

Beading or threading with beads has not only helped in developing their essential fine-motor skills but also helped them in upgrading their mathematical concepts like sorting, patterns, shapes, color and counting.

Students had brought wooden beads, colorful plastic beads, straws, shoe laces, wool, jewellery line etc. They made many beautiful beaded patterns, jewellery, abacus etc. and enjoyed it with full eagerness and excitement.

Finally winners were adjudged on the basis of their creativity and presentation.

Class	First	Second	Third
LKG A	Ayaan Garg	Yanvi Sharma Saumya	Nishkarsh Dixal
LKG B	Kushal	Hemank	Nishith Avni
UKG A	Krishav Saroha	Raghuvansh Rana	Aarav Chahat
UKG B	Alayna	Aditya Bhavika	Naureen
UKG C	Aadit	Harshit Taksh	Harshita Arsh

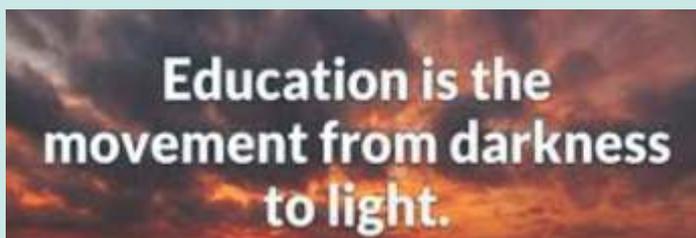


The School Headlines

RESULT OF POSTER MAKING COMPETITION OF CLASSES IV - V HELD ON OCTOBER 6, 2018

Making posters in the classroom is an exciting opportunity for students to engage in discussion, to come up with a subject matter, negotiate various ways to depict the ideas, and most importantly, be creative. Poster making can be done with equal success in small or bigger groups. The competition was organized for the students of IV & V on the theme: 'Save Earth through Afforestation and Say No to Crackers'. The result was as under:-

Position	Name	House
IVA		
I	Ananya Rana	Bhagirathi
II	Kanak Saxena	Mandakini
III	Niharika	Bhagirathi
IV B		
I	Ananya Soni	Bhagirathi
II	Shaheen	Bhagirathi
III	Dhairya	Gangotri
IV C		
I	Bhumika	Mandakini
II	Vishu	Alaknanda
III	Mahi Dabas	Gangotri
VA		
I	Chhavi	Mandakini
II	Garvit	Alaknanda
III	Deveshi	Mandakini
V B		
I	Rizul	Mandakini
II	Krishna	Bhagirathi
III	Yashrib	Alaknanda
V C		
I	Priyansh	Gangotri
II	Daksh	Alaknanda
III	1. Sahil 2. Tanush	Bhagirathi Mandakini



The School Headlines

RESULT OF MASS P.T. OF CLASSES I - III HELD ON OCTOBER 11, 2018

Regular physical activity can help children and adolescents improve cardiorespiratory fitness, build strong bones and muscles, control weight, reduce symptoms of anxiety and depression. It has huge health benefits. Mass P.T. Competition was held for Classes I - III of which result was as under:-

Class I	I B
Class II	II A
Class III	III A





KNOWLEDGE BYTES

Highest Paid CEOs In India



1. **C.P. Gurnani:** Being the CEO of Tech Mahindra, C.P. Gurnani is the brainbox behind the transformation of Mahindra Satyam to Tech Mahindra. Under his guidance, the company has evolved so much in terms of both profit and growth. With an impeccable experience of 32 years, his annual salary in the last financial year was as big as INR 150.7 crores.



2. **Pawan Munjal:** Regarded as one of the substantial persons of 2017, Pawan Munjal is the CEO and CMD of Hero Motor Corp. This 57 years old intellectual man has an inclination towards investing in technological advancement for a rapid growth of the company. Pawan's annual salary amounted to INR 60 crores in the FY 2017.



3. **Aditya Puri:** With a great working experience of 40 years in banking sector, Aditya Puri's salary amounts to INR 32.8 crores. He is the MD of HDFC Bank and is looked upon as the father figure for all company members.



4. **Sunil Mittal:** Having held Bharti Airtel to heights, Sunil Mittal earns a salary of INR 27.2 crores per annum. Apart from making huge profits, Sunil is deeply interested in social welfare and promotion of better education under the aegis of Bharti Foundation.



5. **N. Chandrasekaran:** Being one of the youngest CEOs of India, Natarajan Chandrasekaran takes home salary amounting to 21.3 crores. He is the CEO and MD of TCS and has taken his company to another level in terms of growth and profit.



6. **Rajiv Bajaj:** Contributing to a huge revenue generation to Bajaj Auto, Rajiv Bajaj takes home salary near about INR 20.5 crores. Due to his guidance, the company has managed to become the second largest manufacturer of two-wheelers.



7. **Kumar Mangalam Birla:** Drawing a salary near about INR 18 crores, K.M. Birla became the chairman of the company at a mere age of 18 years. Due to his young and energetic leadership skills, he has multiplied the profits from 2 billion USD to around 41 billion USD.



8. **Yogesh Chander Deveshwar:** Being the longest serving CEO of India, Yogesh's salary amounts to INR 21.6 Crores. He is the CEO of ITC Limited and has won Padma Bhushan for his tremendous efforts and entrepreneurial skills.



9. **Mukesh Ambani:** Being the richest man in Asia, Mukesh takes home a salary amounting to INR 15 Crores. Each one of us knows that he has taken RIL (Reliance Industries) to another level making it to be one of the best companies in India.



GUIDANCE AND COUNSELLING

HAPPINESS

“Happiness is, when, what you think, what you say, and what you do, are in harmony.” - Mahatma Gandhi.

On a cloudy day, the clouds hide the sun, but the sun is always there. Happiness is like the sun, it is often hidden by the clouds of thoughts, worries and desires. We have to scatter and dissolve them to experience happiness. You don't have to create happiness. All you have to do is calm down your mind, because when there is a quiet mind and inner peace, there is happiness. Happiness is something we all strive to find and keep. Being happy often means feeling contented, feeling joyful, and having the sense that your life is meaningful. Nobody is jolly and elated all the time, but some individuals are definitely more fulfilled than others. So what is it about and how can we find it? We all know that life is not fair and it is not easy. But that does not mean there are no techniques and tips you can use in your everyday life, which can help you find happiness and fulfilment as you go through the journey of life. A few ways to stay happy have been listed below:

1. **Keep life simple:** Far too many of us are always over analyzing and looking for the most complicated way of doing things in life. We must realize that sometimes life was meant to be simple - a walk through the park, a simple yes or no answer, or a quiet evening with the family. Don't try and clutter your life with unnecessary decisions by making everything complicated and complex. Keep it simple!
2. **Practice being satisfied:** How many times have we heard someone say, “If only I had a few more rupees...” or “If I just had another day off....”? Many people don't know how to be satisfied with what life gives them. They are so busy wanting more that they squander what life has already given them.
3. **Beware of indecision:** Nobody said life is easy, and sometimes we have to make the tough choices. Never put off a decision that we can make today. We may miss some of the best and most exciting opportunities in the world because of indecision. Successful people didn't get where they were at by prolonging or going back and forth on decisions!
4. **Practice smiling:** It only takes a few muscles to smile! We live in a society where it seems that

glumness is the rule of order. A simple smile or kind word can spread through our culture like wildfire - not only will it make us feel better, but those who interact with us will also feel better!

5. **Learn to like people:** We don't have to love everyone we encounter, so we should learn to like people - especially those who are different than ourselves. Often we won't agree with everything they do, or may be all of their beliefs, but by learning to get along with them we will open up our mind up to change - a critical trait that is absolutely necessary in today's world.
 6. **Live and let live:** Is it really our concern what the child in the other section wants to do with his life or who he wants to share his life with? We must learn to live our life to the fullest and let others live their life to the fullest. None of us is above anyone else, and none of us should think we should be allowed to dictate how another person should live their life.
 7. **Situations teach:** Adversity or difficult situations can be one of the most powerful teachers we will ever have in our lives. We learn so much about life by overcoming adversity and learning how to face it head on. Adversity often comes dressed in many different outfits, but we can change our life by learning how to deal with it and prosper from it.
 8. **Don't take yourself so seriously:** Here is a secret: it's ok to be a little goofy now and then! We only get one shot at this life, so we must make the most of it!
 9. **Have a sense of humour:** Laugh and joke! Laughter has been shown to help people live longer, reduce their blood pressure, and help them relate to people from around the world.
 10. **Accept your own mistakes:** We will make mistakes. We must learn that mistakes happen and the best thing we can do is to learn from them. We must not spend our entire life dwelling on a mistake we made years ago - learn from it and move on. The world is not going to wait for us while we live in the past.
 11. **Forgive yourself:** We should stop beating ourselves up over things that happened in the past - things we did or did not do, and mistakes we may have made with others.
- Learning *how to be happy in life* can be a process, but it doesn't have to be a struggle.



OUR LIFE, OUR RESPONSIBILITY

THE FALSE HUMAN BELIEF

As a man was passing by the elephants, he suddenly stopped, confused by the fact that these huge creatures were being held by only a small rope tied to their front leg. No chains, no cages. It was obvious that the elephants could, at anytime can break away from their bonds but for some reason, they did not.

He saw a trainer nearby and asked why these animals just stood there and made no attempt to get away. "Well," trainer said, "when they are very young and much smaller we use the same size rope to tie them and, at that age, it's enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free."

The man was amazed. These animals could at any time break free from their bonds but because they believed they couldn't, they were stuck right where they were.

Like the elephants, how many of us go through life hanging onto a belief that we cannot do something, simply because we failed at it once before?

Failure is a part of learning. We should never give up the struggle in life.

You Fail not because you are destined to fail, but because there are lessons which you need to learn as you move on with your life.

3 LESSONS FAILURE CAN TEACH YOU ABOUT SUCCESS

"The season of failure is the best time for sowing the seeds of success." ~Paramahansa Yogananda

Failure is one of the most important things that can truly show you the way to success, but not many of us realize this. Usually, we are afraid of failure and we are doing everything we can in order to avoid it. However, it is through failure that we can learn what we did wrong and how to do better the next time—failure teaches us great lessons about finding success and we need to fully embrace it if we want to achieve anything of true importance. Here are some of the most powerful lessons failure can teach us about success.

1. YOU NEED TO REALLY WANT IT.

In order to succeed in attaining something significant, the first rule is that you really need to want it from the depths of your heart. Your whole being needs to pulsate with the desire to achieve it, no matter what the obstacles might be. If you don't do so, then this will most likely lead you to failure.

In fact, failure usually shows that you lack motivation to do whatever it takes to achieve your goals. So if you have a goal, go after it only if you truly and deeply desire to achieve it, otherwise it's simply a waste of your effort and time.

2. MISTAKES ARE IMPORTANT.

Another important lesson that failure can teach you about success is that making mistakes is a necessary part of the process to become successful. All people who have achieved something great admit that they had to make a lot of mistakes before they could achieve what they were aiming for. But they saw mistakes as something good, helping them to eliminate what they shouldn't do in the future, so they can move forward in their search for success. Mistakes teach you what you should avoid from now on, and hence help you gain understanding and grow as an intelligent human being.

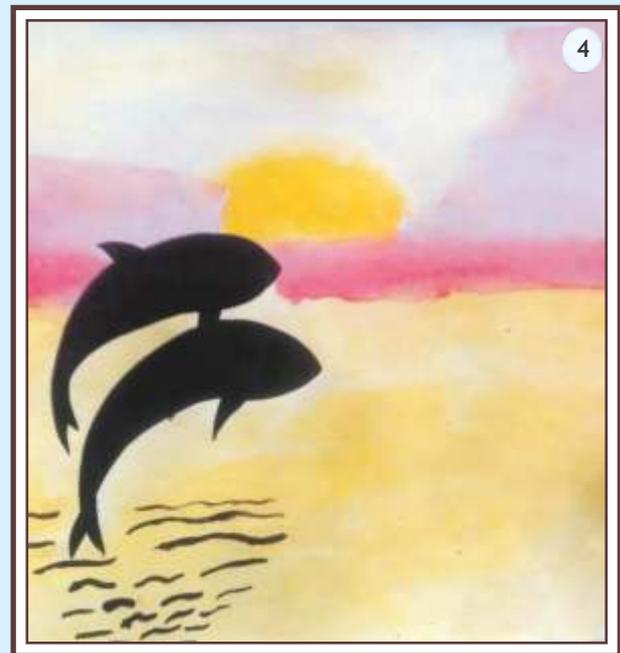
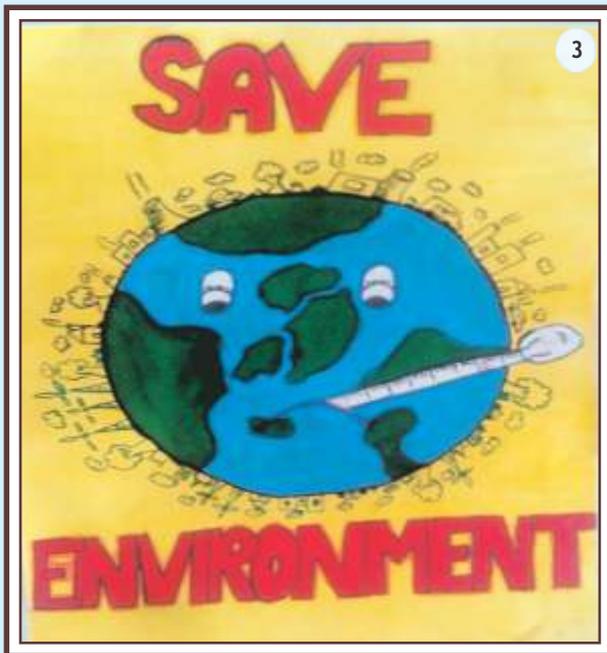
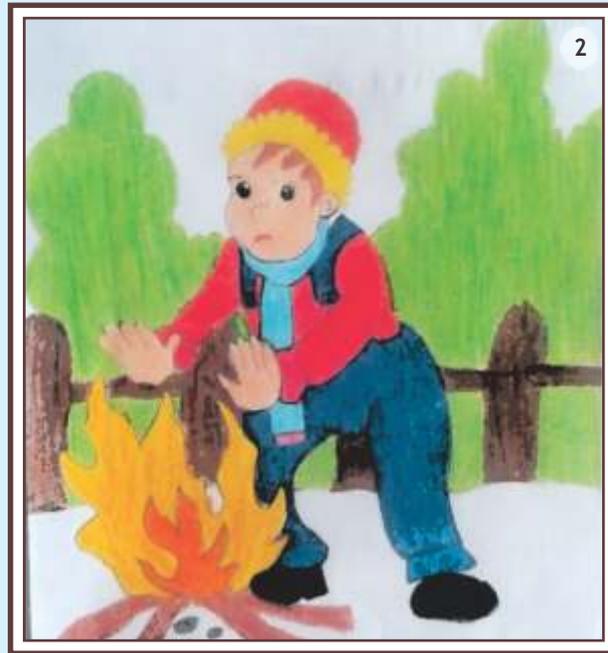
3. PERSISTENCE IS KEY.

The third lesson failure can teach you about meeting success is that nothing of importance can be achieved through the easy way. If you want to become or achieve something great, you need to sweat for it. You need to stop being a quitter and fight for what you truly desire. You need to be persistent in your efforts, no matter how many obstacles you might face on your way. Failure is more often than not a clear sign that you have not tried enough to attain your goals, and that you will never attain them unless you have the right mindset that will motivate you to do whatever it takes to achieve success.

"I have not failed. I've just found 10,000 ways that won't work." ~Thomas A. Edison



SPOTLIGHT ON ART



Aishwarya
VII B/6841



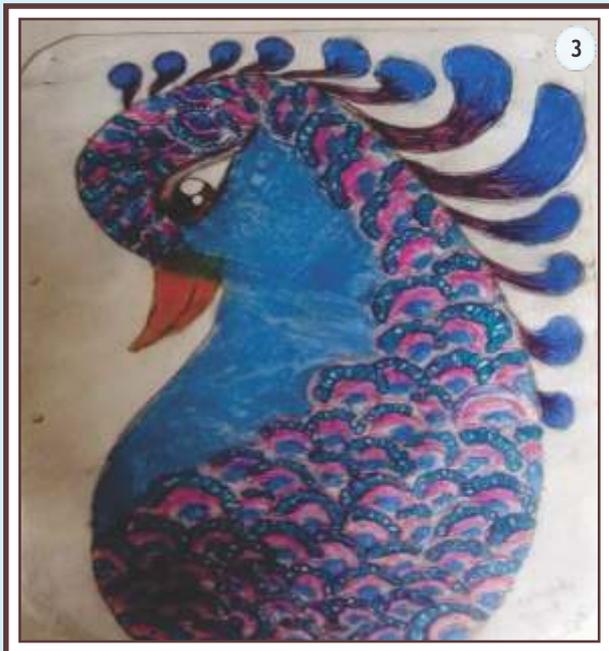
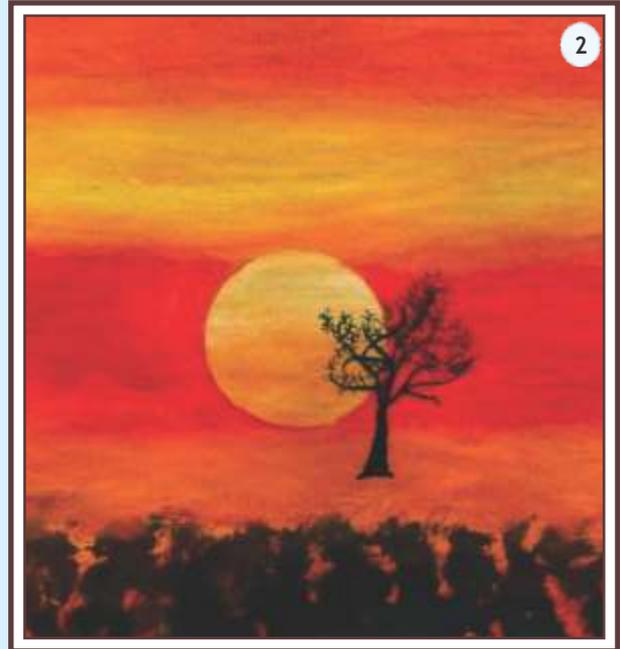
Wisarut
VIII B/10207



Vanshika
VIII C/11158



SPOTLIGHT ON ART



Lakshaya
VII A/10431



Kashish
VI C/9834



Niharika
VIII A/9300



Kush Kumar
VII A/8175

EXPRESSIONS

MONEY CANNOT BUY HAPPINESS

By Sanya

Long time ago there was a rich man. He used to fall ill regularly. Once, he fell ill and could not recover for a long time. It was the last phase of his life. So, one day he called his son and said to him, "Son, when I die make me wear these worn out socks."

After few days the rich man died and when he was laid down on the death bed, his son urged the priests to let him put on the worn out socks on his dad's feet. But the priest did not agree. As the man was really rich, there were lot many priests who had come to attend his funeral.

Therefore the son went to all the priests and said, "It was my dad's last wish to put on these socks so please let me do this."

One of the priest, came forward and said, "Dear child, you cannot put on these socks as it is written in our holy book that human beings come and leave the world empty handed." The son half-heartedly agreed to the priests and performed all the rituals. After a few days, the family organized a prayer meet ceremony for the departed soul.

Lots of people had come to attend this mourning to pay their last tribute and among them one of the person was his Dad's lawyer. He went to the rich man's son and gave him a letter and said, "Your father gave it to me to give it to you after his death." The son opened the letter and read, "Dear son, As you must have been told by the priests that human beings come to this world empty handed and they cannot carry anything after their death. So, never run after money. As I could not take even the worn out socks with me, so don't run after making money through any wrong means and live a contented life with what you have."

Moral: We save money so that we can use them in future but it cannot give you all the happiness of the world. Life is not just about money and fame but its about your good deeds that bring smile on yours' and others face forever.



Sanya
IX A1/5713

A SILENT GIRL

By Vani Agrawal

Eva's father had been transferred once again. This was the third time in two years that she was being admitted to a new school. She was very much upset about it. She loved to make new friends but no one loved to have friends with her. She was always humiliated by her classmates. Eva was an African-American due to which her classmates called her, 'BLACK.' No one liked to sit with her, no one liked to talk to her. She was very intelligent and sincere, but due to her look even the teachers also used to avoid her. This made the feel very humiliated.

It was her first day in her new school. She was quite nervous about it. She tried to avoid everyone's glance and sat on the last bench of the class. The bell rang, and Eva saw a lady entering into the classroom, flashing a pleasant smile. The students cordially greeted her, and she reciprocated them back happily. She instantly noticed Eva sitting in the corner of the class. She asked her to stand up. Eva had been looking down the whole time but now as she looked up, she noticed the whole class staring eagerly at her. She felt intimidated and slowly stood up. The teacher asked her to give her introduction to the class and politely told her to sit on the first bench with a white girl. She was suddenly reminded how her teachers always made her sit on the last bench of the class, separating her from the white students. She came out from her thoughts and meekly told her name to the class but she dared not move to the first bench. She stood still, staring at the vacant seat with a tinge of fear in her eyes. The teacher again asked her to come and sit on the first bench but she just could not move. The teacher noticed the fear in her eyes and told her to sit down. The whole day long, Eva sat there silently, watching her classmates having fun but she could not dare to interact with anyone. The students thought that Eva must be an introvert girl who liked to be alone. They also did not try to talk much to her. Even if some classmates of her approached her, she intentionally tried to go avoid them. The teacher noticed the weird behavior of Eva and called her after the class got over. Eva reluctantly went to her and asked if she could do anything for her. The teacher said nothing. She just took Eva's hands in her gentle palm and asked her to sit down. She asked her if anything was wrong or if she had any problem in the class. She assured



Vani Agrawal
XII S2/10998

Those who make you smile thank them. Those who make you cry, tolerate them. But those who make you smile when tears are in your eyes, trust them.

EXPRESSIONS

her to help in every possible way. Eva was overwhelmed to see her teacher's kind concern for her. With a twinkle in her eyes, Eva told her what kind of unspeakable humiliation, she had suffered in the past due to her skin color. The teacher smiled reassuringly and said that nothing of that sort will happen to her in the school. Eva nodded and went home.

Next day, the teacher asked the students if they liked black or the white color more. The students replied black as they thought it looked attractive. The teacher then called Eva and asked her to share her views about black color. Eva told everyone how unjustly she was treated by her classmates and teachers due to racial discrimination. Her new classmates sympathetically looked at her. The assuring look in their eyes made Eva feel comfortable. Her classmates assured her in unison that they will not do any such thing. The teacher then told her students that color of the skin does not matter and everyone undoubtedly deserves to be treated equally and justly. Eva was very glad and thankful to God for blessing her the company of such good friends and a wonderful teacher.

Moral: Every human being on this earth is created by one Supreme Being. It is just a mere luck that someone is black, someone is white. Everyone has equal right to share this vast globe respecting the right of every individual to live and respect their individuality. Everyone is unique and we must learn to live in co-existence.

LESSON OF LIFE By Tanisha Sharma

Once upon a time there was a family of four people. They lived in a suburb city of California, USA. One day, at night, when they were having their dinner, someone rang the doorbell. It was their father who had rung the bell. This noise reached to the dining room.

"Mother, see I think dad has come. Please open the door. He might be tired." said Alex (the elder son). She opened the door. Their father entered and handed over his bag to his wife and said "I am completely exhausted. Alex, why don't you massage my shoulders. I will be grateful."

He came inside the living room, Alex started massaging



-Tanisha Sharma
VIII A / 11069

his father's shoulder. Suddenly, George (younger son) asked his father for some money. His father replied sure, but he enquired how much marks have you scored this time?

There was complete silence.

He started murmuring "I...I.. have secured 9 marks out of 20." His father yelled, "What? What is this? Only nine marks. Are you mad? See your brother, he is the topper of the class. Don't expect anything from me. Get back to your room." George got angry he then yelled "I know he is much better than me but I am trying. You don't know how difficult student's life is. Try to solve my Maths questions, His father replied" Go back to your room." Tears welled up in his eyes. George ran towards his room. They all went to sleep. But Thomas (father) was not able to sleep. He was thinking about George.

At midnight, he decided to talk to him. So, he went upstairs without making any sound. He opened the door slightly. Switched on the lights. He thought that George would have slept but he was awake. He sat beside George and picked his childhood photograph and said "You know George, when you came in our life, we thought that you will become a great person and will make us proud. I know that student's life is not easy, you have to focus on your studies as well as your health. But when you will grow up, you will understand that nothing is difficult. For once you may feel exhausted, but when you make it your habit or include in you daily schedule, you will realise that particular thing was not difficult." He wiped tears from his cheeks. They hugged each other. George then promised his father that he will work hard and make his parents feel proud. 15 years later, "Tring..Tring...Tring". George picked up the phone. It was his elder brother. He was saying "It's very sad to say that our dear father passed away yesterday. You should come to the cemetery for his funeral." George was heartbroken, and came to pay his last tribute to his father. He was thinking "Oh! Father. Where ever you are, you will be proud for my achievements. Whatever I am today is all because of you. I am very grateful to you for teaching me important lessons of life. I will live with the values you had inculcated in me. And I will pass it on to my next generation"



EXPRESSIONS

Moral :- You are present on this earth because of your parents. They have provided you all kinds of facilities but in return it's your responsibility to make them feel happy and proud. Your parents have much more experience than you. Instead of arguing you should learn from them.

HEALTHY ENVIRONMENT

By Navya Shokeen

Once upon a time, there lived a boy named Bharat. He lived in a forest. He lived in a green and clean environment. He walked and exercised daily out in the open where he got fresh air. He ate fresh fruits and vegetables and breathed fresh air. Thus Bharat was a healthy boy. He never got ill.

Bharat had a friend named Ayaan, who lived in the city. There were only few trees in the city. The city environment was very much polluted and so Ayaan didn't get fresh air to breathe. Ayaan was mostly ill. One day Ayaan was hospitalized. The doctor advised him to live in a clean and healthy environment, so Ayaan told his parents about his friend who lived in the forest and had a healthy life. Though his parents knew, that to have a healthy life, a healthy environment is required. So Ayaan's parents opened a Tree Club in the city and planted many trees nearby. Slowly a large number of people joined in this movement and after few years many trees were seen in the city. The members of the tree club started jogging and exercising in the healthy and fresh air, to stay healthy and fit.

MORAL: We can stay fit and healthy only by living in a healthy environment.

I Had a Dream

By: Rigzin Angmo

As the dark clouds gathered all day, making daytime to look like 7 in the evening. The weight on the clouds got heavier and heavier until they couldn't take it anymore. They burst open with millions of drops released from them, all racing towards the ground.

This is where I was born. I was one of the thousands of raindrops that took birth from one of the several clouds that assembled together to create a great downpour.

I realized that I'm not the only one here, there are thousands of 'me' right in front of my eyes falling towards the ground. All I can see in their eyes is anticipation for how would the ground feel and look like? Even I have no idea what it would be like but because I've heard so much about earth I'm really anxious. Many of my elders have experienced falling on the soft grass, sometimes on a flower and slide down on a leaf in the most graceful way. Sometimes they fell on vast fields of wheat, sometimes on the cheeks of a lovely girl.

But alas! That was years ago. Now I don't know what this place looks like. Maybe even more beautiful.

As I'm getting closer to the surface I am slowly starting to see things more clearly and I'm shocked to see it.

The vast green fields of corn and barley are nowhere to be seen. I see only some blocks which look as small as grains of rice to me. As I come closer and closer, I see a long black snake. It's giant. I don't see even a single tree. As I finally come to the nearest, I realize that the blocks are some buildings from where grey smoke is emitting and the long black snake is a whole river of Industrial Waste is coming out from so many factories.

I am shocked and scared. I never wanted to fall on a heap of rubbish. In a place which is glum and spooky and smoky and grey. I so longed for the fresh breezy air that surrounded and enveloped the lush green fields, the miles and miles long forests where I could've fallen on a leaf of any of the thousands of trees there. I could've given a new lease of life to the latent seed, I could've been a farmer's delight during a drought. I could've been a little girl's joy for dancing in the rain.

But alas! Because of what these people are doing so rapidly in the name of development, I end up falling on a mountain of garbage above which crows fly all around.

I splatter on an old used battery.

I am breaking loose. I did not want my life to end this way but alas! Here I end my incarnation on a heap of rubbish which otherwise could've been the soft dancing petals of the loveliest flower.

Moral:-A single drop of water is very precious. As it comes from heaven covering millions of miles to give a new lease of life and hope to the mother earth.



LET'S GET QUIZZICAL - 32

1. National Income estimates in India are prepared by
A) Planning Commission B) Reserve Bank of India
C) Central statistical organizations
D) Indian statistical Institute
2. The staple food of the Vedic Aryan was
A) Barley and rice B) Milk and its products
C) Rice and pulses D) Vegetables and fruits
3. Which latitude passes through the middle of India?
A) Equator B) Arctic Circle
C) Tropic of Capricorn D) Tropic of Cancer
- 4) Fathometer is used to measure
A) Earthquakes B) Rainfall C) Ocean depth
D) Sound intensity
- 5) Hydrogen bomb is based on the principle of
A) nuclear fission B) nuclear fusion
C) natural radioactivity D) artificial radioactivity
- 6) Which foreign country is closest to Andaman Islands
A) Sri Lanka B) Indonesia C) Myanmar D) Pakistan
- 7) Which river of India is called Vridha Ganga?
A) Krishna B) Godavari C) Kaveri D) Narmada
- 8) Fastest Shorthand Writer was
A) Dr. G. D. Bist B) J.R.D. Tata
C) J.M. Tagore D) Khudada Khan
- 9) The working principle of a washing machine is.
A) reverse osmosis B) diffusion
C) centrifugation D) dialysis
- 10) Epsom(England) is the place associated with
A) Snooker B) Shooting C) Polo D) Horse racing
- 11) The state of Assam has
A) Five National Parks and eleven wildlife sanctuaries.
B) Three National Parks and nine wildlife sanctuaries
C) Three National Parks and eight wildlife sanctuaries.
D) Two National Parks and eleven wildlife sanctuaries.
- 12) The state having largest area under waste land is
A) Rajasthan B) Gujarat
C) Madhya Pradesh D) Jammu and Kashmir
- 13) Which one of the following types of waves are used in a night vision apparatus?
A) Radio waves B) Microwaves
C) Infra-red waves D) None of the above
- 14) Union Budget is always presented first in _____
A) The Lok Sabha B) The Rajya Sabha
C) Joint session of the Parliament
D) Meeting of the Union Cabinet
- 15) Who is the first Indian woman to win an Asian Games gold in 400m run
A) M.L. Valsamma B) P.T. Usha
C) Kamaljit Sandhu D) K.Malleswari
- 16) _____ is the process of dividing the disk into tracks and sectors
A) Tracking B) Formatting
C) Crashing D) Allotting
- 17) Upanishads are books on
A) Religion B) Yoga
C) Law D) Philosophy
- 18) Who had estimate National Income in India first
A) Dadabhai Naoroji B) R.C. Dutt
C) V.K.R.V.Rao D) D.R.Gadgil
- 19) Which state is in the eastern most state of India
A) Assam B) Nagaland
C) Arunachal Pradesh D) Manipur
- 20) DRDL stands for
A) Defence Research and Development Laboratory
B) Department of Research and Development Laboratory
C) Differential Research and Documentation Laboratory
D) None of the above
- 21) Feroz Gandhi Award is associated with
A) Medical Research B) Journalism
C) Preservation of worldlife D) Parlimentory debate
- 22) Which State is called the 'Cradle of Buddhism '?
A) Sikkim B) Bihar
C) Uttar Pradesh D) Madhya Pradesh)

EXPRESSIONS

ये जीवन भी कैसी पहेली है.....

ये जीवन भी कैसी पहेली है,
कुछ राज बिना बोले ही खुल जाते हैं,
कुछ बोलने पे भी लोग यकीन नहीं करते,
जीवन की पहेली भी बड़ी अजीब है।
न कोई समझ पाया न कोई समझा पाया,
ये जीवन भी कैसी पहेली है।



ऐश्वर्या
VIII B/6841

नसीब

“हाथों की लकीरों पर मत जा गालिब नसीब
उनके भी होते हैं जिनके हाथ नहीं होते”,
आजकल की अंधविश्वास भरी दुनिया में लोग
वही मानते हैं कि समय और तारीख के बदलते
ही नसीब बदल जाते हैं लेकिन वह यह नहीं
जानते कि नसीब हम अपने कर्मों से खुद बनाते
और बिगाड़ते हैं जीवन में कुछ भी स्थायी नहीं है।
किसी ने सच कहा है—हम दीवानों की क्या हस्ती आज यहाँ
कल वहाँ चले, अपना नसीब साथ चला हम धूल उड़ाते
जहाँ चले। अर्थात् हम जैसा कर्म करेंगे
वैसे ही उसका हमें फल मिलेगा उसके लिए
हमें निरंतर प्रयास करना होगा और एक जगह
स्थिर नहीं रहना होगा।



शिव
VIII B/11027

जीत

जीतना जब आवश्यक हो जाता है,
जब जीत अपनों के लिए हो,
मंजिल की चाह में प्रयासरत रहना
आने वाली दुविधाओं से कभी नहीं घबराना,
कर्म के पथ पर निरंतर आगे बढ़ना है,
जीवन के उस लक्ष्य को हमें हाँसिल करना
तो आओ सब मिलकर आगे बढ़े,
प्रयास करें, प्रयास करें।

चलती का नाम जिंदगी

उगते हुए सूरज से आँख मिलाकर देखो,
जिन्दगी के सच को आज अपना कर देखो।
हर दिन लाता है नयी बहार,
पीछे घुटता जाता है पुराना किरदार।
सहेज जाए यादों को तो खुश नसीबी होगी,
क्योंकि चलती हुई नाव में ही जिन्दगी होगी।

जीवनी

चंदबरदाई को हिन्दी साहित्य के आदिकाल का एक प्रमुख एवं श्रेष्ठ कवि माना जाता है, जिन्होंने पृथ्वीराज चौहान के जीवन पर आधारित एक विशाल/वृहद् ग्रन्थ 'पृथ्वीराज रासो' की रचना की। चंदबरदाई, पृथ्वीराज चौहान के दरबारी कवि थे। साथ ही पृथ्वीराज चौहान के घनिष्ठ मित्र भी थे। उन्होंने अपने पदों की रचना दरबार में बैठकर नहीं की, बल्कि जहाँ-जहाँ पृथ्वीराज चौहान जाते थे वहाँ-वहाँ उनके साथ घूमते, और आँखों देखे हाल को कविता में बयाँ करते। इतना ही नहीं वे समय पड़ने पर लड़ाई में अस्त्र-शस्त्र भी चलाते थे।

चंदबरदाई और पृथ्वीराज चौहान का जीवन एक साथ ऐसा जुड़ा हुआ है कि दोनों को अलग करके देखना संभव नहीं। इसका सबसे बड़ा उदाहरण है, कि जब मुहम्मद गोरी पृथ्वीराज चौहान को हराकर उसे गजनी लेकर चला तो उनका मित्र एवं दरबारी कवि चंदबरदाई भी उनके साथ गजनी गया। ऐसा माना जाता है कि मोहम्मद गोरी ने पृथ्वीराज चौहान से बदला लेने के लिए उनकी आँखें फोड़ दी थी। जिससे चंदबरदाई को बहुत पीड़ा हुई। उन्होंने इसका बदला लेने का निर्णय लिया। इसके लिए उन्होंने पहले मोहम्मद गोरी का दिल जीता और फिर बताया कि पृथ्वीराज शब्दभेदी बाण चलाना जानता है।

इससे प्रभावित होकर मुहम्मद गोरी ने पृथ्वीराज की इस कला को देखने की इच्छा प्रकट की। प्रदर्शन के दिन चंदबरदाई गोरी के साथ ही मंच पर बैठे। अंधे पृथ्वीराज को मैदान में लाया गया एवं उनसे अपनी कला का प्रदर्शन करने को कहा गया। पृथ्वीराज के द्वारा जैसे ही एक घण्टे के ऊपर बाण चलाया गया गोरी के मुँह से अकस्मात ही 'वाह! वाह!!' शब्द निकल पड़ा, बस फिर क्या था, चंदबरदाई ने तत्काल एक दोहे में पृथ्वीराज को यह बता दिया कि गोरी कहाँ पर एवं कितनी ऊँचाई पर बैठा हुआ था। वह दोहा इस प्रकार था—

चार बाँस चौबीस गज, अंगुल अष्ट प्रमान!

ता ऊपर सुल्तान है, मत चूके चौहान!!

इस तरह गोरी मारा जाता है और चंदबरदाई अपने मित्र का बदला ले लेता है।



रक्षित
VII B/11344

EXPRESSIONS

कल, आज और कल

तेरी बुराईयो को हर अखबार कहता है,
और तू मेरे गांव को गावार कहता है।
ऐ शहर तुझे तेरी औकात पता है,
तू चुल्लू भर पानी को भी वाटर
पार्क कहता है।
थक गया है हर शख्स काम करते-करते,
तू इसे अमीरों का बाज़ार कहता है।
गांव चलो वक्त ही वक्त है सबके पास,
तेरी सारी फुरसत तेरा इतवार कहता है।
मौन होकर सारे रिश्ते फोन पर निभाए जा रहे है,
तू इस मशीनी दौर को परिवार कहता है।
जिनकी सेवा में खपा देते थे जीवन सारा,
तू उन माँ बाप को अब भार कहता है।
वो मिलने आते थे तो कलेजा साथ लाते थे,
तू दस्तूर निभाने को रिश्तेदार कहता है।
बड़े-बड़े मसले हल करती थी पंचायतें,
तू अंधी भ्रष्ट दलीलों को दरबार कहता है।
बैठ जाते थे अपने पराए सब बैलगाड़ी में,
पूरा परिवार भी न बैठ पाए उसे तू कार कहता है।
अब बच्चे भी बड़ों का अदब भूल बैठे हैं,
तू इसे नए दौर का संस्कार कहता है।



रुद्र
VIII B/11388

दोस्त

मेरा दोस्त है बहुत अच्छा,
जो हर दम रहता सच्चा-सच्चा।
मेरा दोस्त सबका मददगार,
जो न बनता कभी गद्दार।
मेरा दोस्त देता दुख में साथ,
जो कभी न छोड़े मेरा हाथ।
मेरा दोस्त बड़ों को देता सम्मान,
जो न करता कभी किसी का अपमान।
इसीलिए तो कहता हूँ।
मेरा दोस्त है बहुत अच्छा,
जो हर दम रहता सच्चा-सच्चा।



करन
X A/8336

स्कूल

हम स्कूल रोज हैं जाते,
शिक्षक हमको पाठ पढ़ाते,
दिल बच्चों का कोरा कागज,
उस पर ज्ञान अमिट लिखवाते,
जाति-धर्म पर लड़े न कोई
करना सबसे प्रेम सिखाते,
हमें सफलता कैसे पानी
कैसे चढ़ना शिखर बताते,
सच तो ये है स्कूलों हमें
अच्छा इक अच्छा इंसान बनाते।



निजोर
VII B/11099

सीखो

सैनिक से बलिदान सीखो,
पेड़ से तुम झुक जाना।
बैल से बोझ उठाना सीखो,
पत्थर से मजबूत बन जाना।
छत से तुम छाँव देना सीखो,
सूरज से नियमित बनना।
मोमबत्ती से रोशन करना सीखो,
उजाले से सदा फैल जाना।
मूर्ति से सहन करना सीखो,
ईश्वर से माफ कर देना।
इस धरती पर तुम आए हो तो,
कुछ अच्छा सीख कर ही जाना।



टून्किल
X A1/9636

रिश्ते

रिश्तों को सीमाओं में नहीं बाँधा करते,
उन्हें झूठी परिभाषाओं में नहीं ढाला करते।
उड़ने दो इन्हें उन्मुक्त पँछियों की तरह
बहती हुई नदी की तरह
तलाश करने दो इन्हें अपनी सीमाएँ
खुद ही ढूँढ़ लेंगे उपमाएँ।
होने दो यही जो क्षण कहे
सीमा वही हो जो मन कहे।

EXPRESSIONS

बेटी

बेटी हर घर में रहती है,
माँ, पत्नी, बहन, बहु बनकर ।
फिर वे क्यों नहीं जीती है,
अपने जीवन को हँस-हँसकर ।
हर किसी को जरूरत है,
माँ, पत्नी, बहन, बहु, गर्लफ्रेंड की ।
फिर क्यों करते हैं, उनकी इज्जत से खिलवाड़ सभी ।
हर समय, हर दिन, हर घंटे, हर मिनट में, ये घटनाएँ घटती ।
फिर भी भारत की सरकारें,
अंधी लंगड़ी है फिरती ।
अरे उठ! भारत की सरकार,
नहीं तो सब खत्म हो जाएगा ।
बेटी नहीं रहेगी तो तू,
वंश को कैसे बढ़ाएगा ।
कमजोर मत समझना इस नारी,
इस नारी में बहुत शक्ति है ।
जब जाएगी रणचन्डी बनकर, इसमें इतनी भक्ति है ।
बस कर अब और जुल्म मत कर,
वरना बहुत पछताएगा ।
इस जन्म में ना सही तो अगले जन्म में,
तू भी किसी बहन का भाई कहलाएगा ।

धरती

धरती हमारी माता है,
यह हमारा बोझ उठाती है ।
जो कुछ हो सह जाती है,
फिर भी आवाज नहीं उठाती है ।
यह हम सब को रखती है,
फिर भी कुछ न कहती है ।
यह हमें खिलाती है,
पर खुद भूखी रह जाती है ।
यह है हमारी जन्म भूमि,
इसको मेरा कोटि प्रणाम ।
धरती हमें देती हरियाली,
इसके बिना जग है खाली ।



राहुल
X A1/11120

सत्संगति

जाड्यं धियो हरति सिंचति वाचि सत्यं,
मानोन्नतिं दिशति पापमपाकरोति ।।
चेतः प्रसादयति दिक्षु तनोति कीर्तिं,
सत्संगतिः कथय किं न करोति पुंसाम् ।।
अर्थात् अच्छे मित्रों का साथ बुद्धि की जड़ता को हर लेता है, वाणी में सत्य का संचार करता है, मान और उन्नति को बढ़ाता है और पाप से मुक्त करता है । चित्त को प्रसन्न करता है और (हमारी) कीर्ति को सभी दिशाओं में फैलाता है । (आप ही) कहें कि सत्संगतिः मनुष्यों का कौन सा भला नहीं करती ।

मातृभूमि

हे परम वत्सला मातृभूमि!
मैं तुझे निरंतर प्रणाम करता हूँ
तूने सब सुख दे कर मुझको बड़ा किया.
हे महा मंगला पुण्यभूमि!
तेरे ही कारण मेरी यह काया,
तुझको अर्पित, तुझे मैं अनन्त बार प्रणाम
करता हूँ.



सुरोजित
VI B/11458

तन्हा

सुना है
कि वो हमें भुलाने लगे हैं दोस्तों । शायद अब
हम उन्हें याद आने लगे हैं दोस्तों । कुछ तो
हवा बदली-बदली सी है चमन की मेरे दोस्तों ।
आज परिन्दे भी अपने घर वापस आने लगे हैं
दोस्तों ।। कुछ यूँ हुआ
असर तेरी दुआओं का मेरे हमनवां कि । आईने
भी
अब तो मेरी सूरत से कतराने लगे हैं दोस्तों ।।
दर मेरे घर का खुला रहता था
कि वो आएँगे बाहर मगर ।
जब से है बंद दर
वो दरारों से झाँकने आने लगे हैं दोस्तों ।।
इस जमाने के जलजले में
यूँ तन्हा कश्ती उतारना हमसे सीखें यारों ।
संमदर की हर लहर साहिल है
और तूफान भी आने से कतराने लगे हैं दोस्तों ।।
चलों बहुत हुआ सुनना सुनाना ए 'रवि' अब सोया जाय ।
लोग भी अब जनाजे को मेरे यहाँ दफनाने आने लगे हैं दोस्तों ।।



वर्षा
X A3/5572



आर्यन
X A1/6487

EXPRESSIONS

लाड़ली बेटी है ये हिंदी

संस्कृत की एक लाड़ली बेटी है
ये हिंदी।
बहनों को साथ लेकर चलती है
ये हिंदी।
सुंदर है, मनोरम है, मीठी है,
सरल है।
ओजस्विनी है और अनूठी है
ये हिंदी।
पढ़ने व पढ़ाने में सहज है, ये सुगम है,
साहित्य का असीम सागर है
ये हिंदी।
तुलसी, कबीर, मीरा ने इसमें ही लिखा है,
कवि सूर के सागर की गागर है ये हिंदी।
यूँ तो देश में कई भाषाएँ और हैं,
पर राष्ट्र के माथे की बिन्दी है हिंदी।



चंचल
X A2/9269

गाँधी

गाँधी बाबा इस धरती पर,
क्या तुम फिर से आओगे,
लूटमार की इस दुनिया में,
सत्य का शस्त्र चलाओगे,
सारे चरखे बंद पड़े हैं,
झूठ का होता व्यापार,
शायद बापू तुम आ जाते,
तो रुक जाता अत्याचार।
सारे नेता झूठे हैं,
पर तुमको कहते हैं अवतार
सारे सपने टूट चूके
तुम हम सबका कर दो उद्धार।

हम सब आज

दोहरा चरित्र अपनाते हैं,
जो सच है वो छिपाते हैं।
मौका मिलते ही मौकापरस्त बन जाते हैं,
अपनी स्वार्थ पूर्ति के लिए
अपनी ही परिभाषाओं को
जब चाहे, जहाँ चाहे
तोड़-मरोड़ कर अपनाते हैं।
चेहरों पर चहरे लगाते हैं,
सच्चाई हम छिपाते हैं।
अब हम में सच को सच
कहने की ताकत नहीं है,
इसलिए कायर और
कमजोर बनते चले जाते हैं।
सच से हमें परहेज है, इसलिए
झूठ बोलते चले जाते हैं।
क्या करें आदत से मजबूर हैं।
इसलिए चेहरों पर चहरे लगाते हैं
सच को छिपाने के लिए कुछ भी कर जाते हैं,
बेइमान है इसलिए ईमानदारी दिखाते हैं।



राहुल राय
X A1/9797

LET'S GET QUIZZICAL-32 (Answers)

- Ans. 1. (C) Central statistical organisation
Ans. 2. (B) Milk and its product
Ans. 3. (D) Tropic of Cancer
Ans. 4. (C) Ocean depth
Ans. 5. (B) nuclear fusion
Ans. 6. (C) Myanmar
Ans. 7. (B) Godavari
Ans. 8. (A) Dr. G. D. Bist
Ans. 9. (C) centrifugation
Ans. 10. (D) Horse racing
Ans. 11. (A) Five National Parks
and eleven wildlife sanctuaries
Ans. 12. (A) Rajasthan
Ans. 13. (C) Infra-Red Waves
Ans. 14. (A) The Lok Sabha
Ans. 15. (B) P.T. Usha
Ans. 16. (B) Formatting
Ans. 17. (D) Philosophy
Ans. 18. (A) Dadabhai Naoroji
Ans. 19. (C) Arunachal Pradesh
Ans. 20. (A) Defence Research and
Development Laboratory
Ans. 21. Journalism
Ans. 22. (B) Bihar

“सर्वोत्तम व्यक्ति वे नहीं है जिन्होंने अवसरों का इंतजार
किया बल्कि वे हैं जिन्होंने अवसरों को अपनाया,
जीता और सफल बनाया।”

